15. The method of claim 14, further including biasing the releasable suture clamp toward the clamped configuration using a spring member received within slots of the stackable components.

16. The method of claim 15, wherein the step of moving the releasable suture clamp to the unclamped configuration includes decreasing an overlap amount of the slots of abutting components, while the step of returning the releasable suture clamp to the clamped configuration includes increasing the overlap amount.

17. The method of claim 16, wherein the step of moving the releasable suture clamp to the unclamped configuration includes moving lobes of abutting components closer together, while the step of returning the releasable suture clamp to the clamped configuration includes moving the lobes of abutting components farther apart.

18. The method of claim 17, further including restricting movement of the releasable suture clamp beyond a movement range defined by the clamped configuration and the unclamped configuration using a projection extending transversely from the lobe of at least one of the stackable components.

19. The method of claim 12, further including:

passing the suture through a tissue layer; and

maintaining a first tension of the suture relative to the tissue layer using the clamped configuration of the releasable suture clamp.

20. The method of claim 19, further including:

moving the releasable suture clamp from the clamped configuration to the unclamped configuration by rotating the stackable components about the common axis such that the first openings define the linear path;

moving the suture along the linear path such that the suture has a second tension relative to the tissue layer that is different than the first tension;

returning the releasable suture clamp from the unclamped configuration to the clamped configuration by rotating the stackable components about the common axis such that the first openings define the serpentine path; and

maintaining the second tension by gripping the suture with the edges defining the first openings and surfaces of the stackable components defining the serpentine path.

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